

Better Later Life

He Oranga Kaumātua

2019 to 2034

Vision

Older New Zealanders lead valued, connected and fulfilling lives

Guiding principles

Valuing people as they age

Keeping people safe

Recognising diversity and that everyone is unique

Taking a whole-of-life and whānau-centred approach to ageing

Taking collective responsibility to plan and act for later life

Key areas for action

WHAT WE WANT TO ACHIEVE

WHAT NEEDS TO HAPPEN



Achieving financial security and economic participation

- Older people have an adequate standard of living
- New Zealand is financially prepared for an ageing population
- Older workers are treated fairly
- Older people can work and those who can't due to health or disability are supported

- People save earlier
- Information on saving options
- Central and local government plan to respond to an ageing population
- Employers consider and respond to impact of increased numbers of older workers
- Workplaces provide flexible work environments and learning and development for older workers
- Supplementary assistance available



Promoting healthy ageing and improving access to services

- People enter later life as fit and healthy as possible
- People have equitable access to health and social services
- A whānau-centred approach is taken to design and delivery (see also diversity below)

- People stay fit and healthy
- Implement Healthy Ageing, Disability and Carers Strategies
- Improve and better coordinate access to health and social services
- Consider older people, diversity and flexibility when designing services
- Recognise co-design and whānau centred partnership as important



Creating diverse housing choices and options

- People can age in place they call home, safely and where possible independently

- Functional affordable housing options that respond to diversity available with good access to public transport/services with tools available to help consider these
- Universal design considered in new builds
- Sufficient public and community housing
- Support for homelessness
- Older tenants adequately protected



Enhancing opportunities for participation and social connection

- As we age, we remain socially connected and actively participate in our communities
- Reduce loneliness amongst older people
- Older people valued and respected
- Opportunities to contribute to society regardless of age
- People supported to make choices and make decisions
- As they age, people feel and are safe
- Elder abuse and neglect reduced and people who experience it supported
- People who do not use technology can still access services and be safe to do so
- Volunteering is supported
- Recognise the diversity of our older population

- Support people to plan for later life earlier including transitioning out of paid work
- Accessible built environments and community spaces
- Communities address loneliness and social isolation
- Joined up approach across government
- Ageism confronted and addressed
- Older people contribute to and empowered to make decisions, and supported when they lose capacity
- Improve uptake of Power of Attorney and Advance Care Planning
- Focus on dealing with all aspects of elder abuse
- Innovative technological solutions to help older people
- Different ways to access government services considered
- Volunteering – promote and address barriers
- Ways to adapt to change including mastering new activities



Making environments accessible

- NZ communities, facilities, places and spaces are age-friendly and accessible
- As we age we can easily and safely get to where we want to go

- Age-friendly Aotearoa implementation
- Improved public transport
- Footpaths, cycle lanes and crossings are safe
- Transport options for those with disability